

Patricia “Trish” Craig, Certified Master Hypnotist

Transforming lives one mind at a time.



Patricia Craig is a Certified Master Hypnotist and founder of Mystic Vibes LLC, where she offers non-therapeutic hypnosis services designed to support self-improvement, emotional growth, and mindset transformation. Her services include support for confidence building, stress and anxiety relief, motivation, procrastination, fears and phobias, dream analysis, sports performance, and specialized programs for children. She also offers fun and insightful experiences such as past life regression and workshops in conscious creation.

Patricia is a graduate of the Hypnosis Motivation Institute in Tarzana, California. Her unique approach integrates guided imagery, relaxation techniques, and neuroscience-based strategies to help clients shift internal patterns and align with their goals.

Her passion for this work is rooted in her own powerful healing journey. After surviving an abusive childhood, a near-fatal relationship with an addicted partner, and a rare malignant tumor — which she successfully overcame using meditation and natural healing methods — Patricia began studying the subconscious mind, conditioning, and the law of attraction. She discovered how our early programming shapes our filters and limits our ability to create the life we want.

Now, through Mystic Vibes, she helps others dissolve those limitations, uncover their inner wisdom, and transform their lives — one session, one insight, one empowered choice at a time.